

AMERICAN KANG DUK WON KARATE

ESSAY GUIDELINES

Students writing essays for Brown (or Black) Belt should use the following guidelines:

1. Brown Belt papers should be entitled, What American Kang Duk Won Means To Me*. Title page should contain the date, name, Dojang and Instructor. Papers should be 500 words but no more than 650 words in length, typed, double-spaced and on white paper. Do not fold the papers, but staple and send the original to the main office.
2. Instructors should receive papers no later than the last week of the fourth month after promotion to 4th gyup.
3. One copy of the paper should be mailed to your Instructor and to each of the following:

Master Robert C. Lawlor - President

Directors

Master Kenneth G. Shean

Master Frank A. Palumbo, Jr.

Master Cheryl F. Lawlor

Master Debbie Hintopoulos

Instructor Directors

Master Daniel Jones

Master Rose Carpenter

Master Lester Beyer

(Obtain the current mailing addresses from your Instructor.)

4. Papers are evaluated on content, spelling, grammar and neatness.
5. All papers will become the sole and exclusive property of the American Kang Duk Won Karate Association.
6. Black Belt papers use the same guidelines as Brown Belt papers except the title should be, American Kang Duk Won - A Position Paper**. Papers should be 1000 words but no more than 1200 words in length and submitted 3 - 6 months after promotion to 1st gyup. Do not fold. Place in a plastic cover.

*Junior belts must instead, complete martial arts related readings and a book report.

**For Junior Black belt, students must write an essay on "What Karate Means To Me" and complete a community centered leadership project within a designated period of time as advised by the Director of the class.